



BIRLA PUBLIC SCHOOL GANGANAGAR

(A UNIT OF BIRLA EDUCATION TRUST PILANI)



CBSE Affiliation No. 1730974

A WORLD CLASS AIR-CONDITIONED ENGLISH MEDIUM CO-EDUCATIONAL CBSE
SENIOR SECONDARY DAY SCHOOL, DAY BOARDING AND BOARDING SCHOOL
SESSION 2023-24

CLASS- IV-A ASSEMBLY

Theme – “A Fit Mind Grows in a Fit Body”

“A calm mind brings inner strength and self-confidence, so that’s very important for good health.”

We believe that a healthy body and mind are essential for personal growth, productivity, and happiness. Therefore, it is crucial to make conscious efforts to ensure the well-being of both. To imbibe the same awareness among children, BPSG is coming up with an assembly named 'A Fit mind Grows in a Fit Body' on 12th October, 2023(Thursday). Through this assembly, we hope to foster an environment where students can learn from each other, find motivation, and inspire each other in their personal fitness journeys.

Activities during Event

- Saraswati Vandana
- Group Song
- Speech
- Mime
- Dance
- National Anthem

General Instructions-

- The event is scheduled for 12th October, 2023 (Thursday) from 8:00m to 8:40 am.
- Students will bring their props themselves as per the need.

Thank you for your cooperation.

With Best Regards

BPSG