



**BIRLA PUBLIC SCHOOL GANGANAGAR
(A UNIT OF BIRLA EDUCATION TRUST PILANI)**

**A World Class Air-Conditioned English Medium Co-Educational CBSE Senior Secondary
Session 2023-24**

EVENT REPORT

Day & Date-28- 08- 2023 (Monday)

Class – 1 A

Event Name: Show loves towards family

Category: General

Objective of the Activity:

- Teaching cooking to youth is an opportunity to teach nutrition education such as planning meals and make smarter food choices.
- Cooking can aid children in acceptance of responsibility.
- Each child has a task to complete to contribute the meal preparation and cleanup.

Total no. of Students: 23

No. of Participants: 21

Brief note about Activity:

Show loves towards your family: -A sandwich making activity was done by students of class 1 . The little ones were excited to bring Bread, Cucumber, Tomato, Onion, Butter & Cheese Slice etc for the activity. They had fun making their own sandwiches with sheer enthusiasm & enjoyed having them. The sandwich making activity was carried out to make them realise the importance of eating a healthy and balanced diet and also know about the hazards of junk food items. Experience of creating meals helped children gain some independent life skills, some self-confidence and also laid the foundation for healthy eating habits. This is also a great way to encourage independence, practice fine-motor skills, and foster self-confidence in them.

Outcome of Activity:

- Confidence among the students was enhanced.
- Allows them to explore new food
- Develops maths and science skills.
- Understand the importance of good hygiene.
- Teaches responsibilities.
- They know the importance of healthy food.

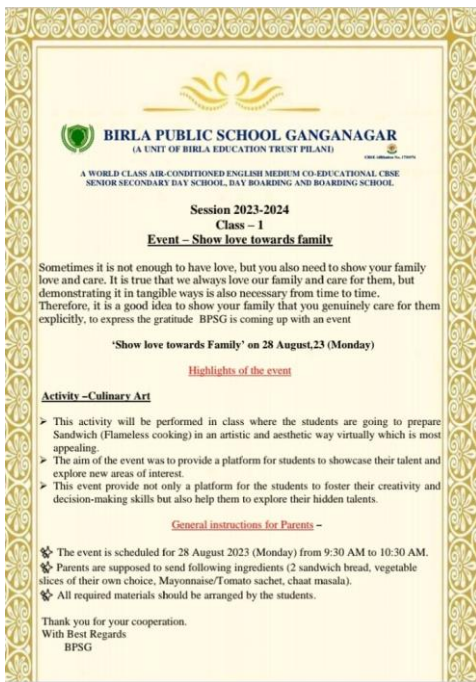
Result: (Best students)

This event was not kept as a competition, so all the students were best at its own.

1.) Poster of the Event



2.) Circular of the Event



3.) Evidence of Photograph





Submitted by:- Mrs. Ritu Singh Shekhawat