



# BIRLA PUBLIC SCHOOL GANGANAGAR

(A UNIT OF BIRLA EDUCATION TRUST PILANI)

Session 2023-24



CBSE AFFILIATION NO. 1730974

## CIRCULAR

### Workshop for Parents – Comparison “The thief of joy”

Classes- III TO VIII

Dear Parents  
Greetings!

"Comparison is the thief of joy, but gratitude is the key to happiness." The idea behind this workshop is that comparing ourselves to others can lead to feelings of envy, dissatisfaction, and low self-esteem, which can rob us of our happiness and contentment. BPSG is organizing a workshop which focuses on cultivating gratitude and self-acceptance to find true joy and fulfillment in life. Along with this how parents can cultivate a more positive and nurturing environment for their children.

The workshop will be held on 19<sup>th</sup> January'24 (Friday) from 09:30 am onwards at the Central Courtyard, BPSG.

**NOTE-** Kindly find the attested consent form to confirm your presence.

*Regards*

*BPSG*

ESTD. 2019



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## CONSENT FORM

I \_\_\_\_\_ (mother/father) of \_\_\_\_\_ (Name of the student) studying in class \_\_\_\_\_ give my consent to attend the workshop namely Comparison “Thief of Joy” on 19<sup>th</sup> January 24 at BPSG.

(Signature of the Parent/Guardian)

With Full Name

\_\_\_\_\_

ESTD. 2019