

Good Touch Bad Touch Report

“Wisdom is giving children their wings, along with the rudder of awareness to keep them safe from the prying hands”

It is the growing concern among parents and teachers about the safety of children which has forced the schools to drop their tight-lipped approach towards sex education and teach the children about safe and unsafe touches. Every single day, the media reports cases where young children, both boys and girls, are sexually abused by any adult around them.

There is no need for evidence that there is a need for awareness of the subject of child sexual abuse and educating the children about good touch and bad touch. As a parent, it can be difficult to converse with your children on sensitive topics but there are several ways to make kids aware of safe and unsafe touch. Considering the importance and sensitivity of the issue, on 26 November 2022, Birla Public School Ganganagar conducted a workshop on ‘Good Touch and Bad Touch’, The workshop was attended by the students of classes I to X along with the teachers. This workshop was spearheaded by Dr. Sourabh Jain (Sparsh Volunteer, M.D. Microbiology, Mobile Surgical Unit, Jaipur) and Ms. Sheekha.

Child sexual abuse often starts with that ‘one bad touch’ that goes unrecognized by the child or the parent. Though it is a highly sensitive topic, the children are to be equipped with right knowledge and awareness. Dr. Jain discussed on differentiating the touch at an early age. Keeping the conversation simple, he quoted many examples that can help the kids to understand better. He explained to them what it means to have ownership of their bodies, and set healthy boundaries. In his conversation, he explained what private parts are and that no one is supposed to touch an individual there. The children were made aware that if they are uncomfortable or hurt even by a hug or handshake, they have the right to say ‘No’ or ‘Stop’ to that person. They learnt to handle strangers and say ‘No’ to unwanted touches by running away and shouting out loud. They were taught to inform about such happenings to the adults they trust and immediately report if they were told to hide the same from their parents.