



BIRLA PUBLIC SCHOOL GANGANAGAR

(A UNIT OF BIRLA EDUCATION TRUST PILANI)

Session 2023-24



CBSE AFFILIATION NO. 1730974

CIRCULAR

Workshop – Goal Setting – “Set and achieve your dreams”

Class – VII

Dear Parents/Students

Greetings!

"Setting goals is the first step in turning the invisible into the visible". Goal setting is an essential skill for students to develop as it can help in setting up specific, measurable, achievable, relevant, and time-bound goals. BPSG focuses in teaching how students can improve their growth mindset and can gain a deeper understanding of how to set and meet goals.

Objectives of the workshop

- Learning how to visualize and illustrate the goals.
- Learning how to progress towards the goal and stay motivated.
- Learning how to prioritize goals.
- Improving time management skills.

NOTE- The workshop will be conducted in the regular counselling periods.

Regards

BPSG

ESTD. 2019