



**BIRLA PUBLIC SCHOOL GANGANAGAR
(A UNIT OF BIRLA EDUCATION TRUST PILANI)**



**A World Class Air-Conditioned English Medium Co-Educational CBSE Senior Secondary
Session 2023-24**

EVENT REPORT

Day & Date- 28 July 2023 (Monday)

Class – 1 B

Event Name: Show loves towards family

Category: General

Objective of the Activity:

- Teaching cooking to youth is an opportunity to teach nutrition education such as planning meals and make smarter food choices.
- Cooking can aid children in acceptance of responsibility.
- Each child has a task to complete to contribute the meal preparation and cleanup.

Total no. of Students: 23

No. of Participants: 19

Brief note about Activity-

Show loves towards your family: -A sandwich making activity was done by students of class 1 . The little ones were excited to bring Bread, Cucumber, Tomato, Onion, Butter & Cheese Slice etc for the activity. They had fun making their own sandwiches with sheer enthusiasm & enjoyed having them. The sandwich making activity was carried out to make them realise the importance of eating a healthy and balanced diet and also know about the hazards of junk food items. Experience of creating meals helped children gain some independent life skills, some self-confidence and also laid the foundation for healthy eating habits. This is also a great way to encourage independence, practice fine-motor skills, and foster self-confidence in them.

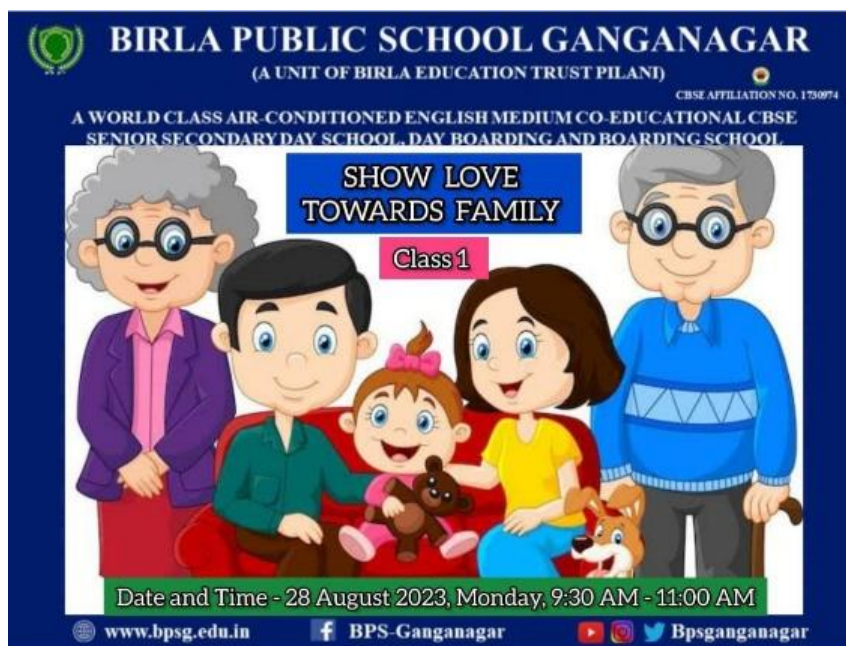
Outcome of Activity:

- Confidence among the students was enhanced.
- Allows them to explore new food
- Develops maths and science skills.
- Understand the importance of good hygiene.
- Teaches responsibilities.
- They know the importance of healthy food.


Result: (Best students)

This event was not kept as a competition, so all the students were best at its own.

Poster of the Event



Circular of the Event



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(A UNIT OF BIRLA EDUCATION TRUST PILANI)
CBSE AFFILIATION NO. 1750974
A WORLD CLASS AIR-CONDITIONED ENGLISH MEDIUM CO-EDUCATIONAL CBSE
SENIOR SECONDARY DAY SCHOOL, DAY BOARDING AND BOARDING SCHOOL

Session 2023-2024
Class – 1
Event – Show love towards family

Sometimes it is not enough to have love, but you also need to show your family love and care. It is true that we always love our family and care for them, but demonstrating it in tangible ways is also necessary from time to time. Therefore, it is a good idea to show your family that you genuinely care for them explicitly, to express the gratitude BPSG is coming up with an event

'Show love towards Family' on 28 August,23 (Monday)

Highlights of the event

Activity –Culinary Art

- This activity will be performed in class where the students are going to prepare Sandwich (Flameless cooking) in an artistic and aesthetic way virtually which is most appealing.
- The aim of the event was to provide a platform for students to showcase their talent and explore new areas of interest.
- This event provide not only a platform for the students to foster their creativity and decision-making skills but also help them to explore their hidden talents.

General instructions for Parents –

- ❖ The event is scheduled for 28 August 2023 (Monday) from 9:30 AM to 10:30 AM.
- ❖ Parents are supposed to send following ingredients (2 sandwich bread, vegetable slices of their own choice, Mayonnaise/Tomato sachet, chaat masala).
- ❖ All required materials should be arranged by the students.

Thank you for your cooperation.
With Best Regards
BPSG

Evidence of Photograph



Submitted by:- Ms. Pankhi Garg

Date:- 28 August 2023